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| --- | --- | --- | --- | --- | --- | --- |
| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **3** | **Yoga**  **PPA- Dodgeball** | **OAA**  **PPA- Fitness** | **Invasion Games-Fundamental Skills**  **PPA- Rounders** | **Fitness**  **PPA- Paralympic sports** | **Handball**  **PPA- Ultimate frisbee** | **Rounders**  **PPA- Athletics** |
| **4** | **OAA**  **PPA- Dodgeball** | **Hockey**  **PPA- Fitness** | **Tennis**  **PPA- Rounders** | **Dance**  **PPA- Paralympic sports** | **Football**  **PPA- Ultimate frisbee** | **Cricket**  **PPA- Athletics** |
| **5** | **Swimming**  **PPA- Dodgeball** | **Teambuilding**  **PPA- Fitness** | **Basketball**  **PPA- Rounders** | **Dance**  **PPA- Paralympic sports** | **Dodgeball**  **PPA- Ultimate frisbee** | **Rounders**  **PPA- Athletics** |
| **6** | **OAA/Teambuilding**  **PPA- Dodgeball** | **Cricket**  **PPA- Fitness** | **Netball**  **PPA- Rounders** | **Lacrosse**  **PPA- Paralympic sports** | **Swimming**  **PPA- Ultimate frisbee** | **Tag Rugby**  **PPA- Athletics** |