

## Granby Junior School

This is an active school report card for the group:  
Whole School

Date: 25/03/2020

Congratulations on completing your recent review of physical activity levels in your school. Below are the details of your review as well as the guidance and actions you have decided to work on in order to increase activity levels for the group above in your school

<b>Inactive:</b> All, or almost all, of the time is spent sitting down	<b>Little activity:</b> Sitting down might be broken up with short bursts of activity. Pupils will spend some working time standing up and moving around the teaching space	<b>Some activity:</b> There will be some deliberate, planned movement and physical activity built into the session	<b>High activity:</b> There will be significant periods of physical activity that are planned and built into the session for all pupils
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### Active School Review

ACTIVITY	TIMINGS	MON	TUE	WED	THU	FRI
Travel	00:00 - 00:00	Pupils are encouraged to walk to and from school where possible or park and walk where possible to r	Pupils are encouraged to walk to and from school where possible or park and walk where possible to r	Pupils are encouraged to walk to and from school where possible or park and walk where possible to r	Pupils are encouraged to walk to and from school where possible or park and walk where possible to r	Pupils are encouraged to walk to and from school where possible or park and walk where possible to r
Before School	08:00 - 08:45	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
Lesson	09:00 - 09:10	Register and starter tasks/activities	Register and starter tasks/activities	Register and starter tasks/activities	Register and starter tasks/activities	Register and starter tasks/activities
Lesson	09:10 - 09:30	Assembly and intervention groups	Assembly and intervention groups	Assembly and intervention groups	Assembly and intervention groups	Year Group Awards Assembly
Lesson	09:30 - 10:30	English (some physical literacy used throughout)	English (some physical literacy used throughout)	English (some physical literacy used throughout)	English (some physical literacy used throughout)	English (some physical literacy used throughout)
Break	10:30 - 10:45	Pupils are encouraged to be active at break times by using equipment, climbing walls and our MUGA	Pupils are encouraged to be active at break times by using equipment, climbing walls and our MUGA	Pupils are encouraged to be active at break times by using equipment, climbing walls and our MUGA	Pupils are encouraged to be active at break times by using equipment, climbing walls and our MUGA	Pupils are encouraged to be active at break times by using equipment, climbing walls and our MUGA
Lesson	10:45 - 11:45	Maths (some physical literacy used throughout)	Maths (some physical literacy used throughout)	Maths (some physical literacy used throughout)	Maths (some physical literacy used throughout)	Maths (some physical literacy used throughout)
Lesson	11:45 - 12:05	Guided Reading/SP AG/Writing Tasks	Guided Reading/SP AG/Writing Tasks	Guided Reading/SP AG/Writing Tasks	Guided Reading/SP AG/Writing Tasks	Guided Reading/SP AG/Writing Tasks
Lesson	12:05 - 12:15	Daily Mile Activity Course-Playground (different classes go out at different points in the day)	Daily Mile Activity Course-Playground (different classes go out at different points in the day)	Daily Mile Activity Course-Playground (different classes go out at different points in the day)	Daily Mile Activity Course-Playground (different classes go out at different points in the day)	Daily Mile Activity Course-Playground (different classes go out at different points in the day)
Lunchtime	12:15 - 13:15	Middy supervisors, play-leaders and sports ambassadors encourage activity through activities/games/	Middy supervisors, play-leaders and sports ambassadors encourage activity through activities/games/	Middy supervisors, play-leaders and sports ambassadors encourage activity through activities/games/	Middy supervisors, play-leaders and sports ambassadors encourage activity through activities/games/	Middy supervisors, play-leaders and sports ambassadors encourage activity through activities/games/
Lesson	13:15 - 14:15	Afternoon Lesson 1 (topic/PSHE/RE, etc)	Afternoon Lesson 1 (topic/PSHE/RE, etc)	Afternoon Lesson 1 (topic/PSHE/RE, etc)	Afternoon Lesson 1 (topic/PSHE/RE, etc)	Afternoon Lesson 1 (topic/PSHE/RE, etc)
Lesson	14:15 - 15:15	PE-Y3 (class) and Y4 (PPA)	PE-Y6 (class) and Y5 (PPA)	PE-Y5 (class) and Y6 (PPA)	PE-Y4 (class) and Y3 (PPA)	Afternoon Lesson 2
Lesson	15:15 - 15:25	End of day activities/packing away/preparing for next day	End of day activities/packing away/preparing for next day	End of day activities/packing away/preparing for next day	End of day activities/packing away/preparing for next day	End of day activities/packing away/preparing for next day
After School	15:30 - 16:30	ESSP Club	CS Club	CS Club	ESSP Club	No Club

### School Guidance

After completing this review we can see how well you are building activity across your school day:

Travel to and from School	Your school appears to have a well developed active travel plan in place. In order to make even more progress, you could try the following ideas.
Activities Before School	At the moment, your school appears to provide quite a limited programme of activities before school. You could try one or more of these ideas to improve your offer.
Active Classrooms	You already try to use physical activity breaks in lessons. Here are some straightforward adaptations you could make to teaching that would build more regular activity into lessons.
Activities at Break Times	You already sees the value of providing structured activities at break times and have a strong programme. Here are some suggestions that could increase its impact even more.
Activities at Lunch Times	You already seem to have a very thorough and strategic approach to your lunch time activity and competition offer. These suggestions may help in making it even more impressive.
Activities After School	You already appear to have a very wide offer of clubs and competitions after school. Here are some suggestions that might help strengthen that offer even more.

### Actions

The actions you would like to take are:

Introduce active bursts to Breakfast Club-talk to Miss C.	<b>Deadline:</b> 01/09/2020
Promote active travel by helping parents plan a walking route to school. A number of websites provide an urban walking route planner which provides a walking map to follow.	<b>Deadline:</b> 01/09/2020
Email recommended websites to staff to keep lessons active.	<b>Deadline:</b> 01/09/2020
Re-assess heat-map in Aut 2 2020	<b>Deadline:</b> 07/12/2020