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| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **3****ESSP** | OAAPPA – yoga/Pilates/team games | HockeyPPA- Health and fitness | TennisPPA-gymnastics | AthleticsPPA-basketball/netball | FootballPPA-dodgeball/benchball | RoundersPPA-Athletics(Sports Day prep) |
| **4****ESSP** | OAAPPA – yoga/Pilates/team games | HockeyPPA- health and fitness | TennisPPA-gymnastics | Athletics and SwimmingPPA-basketball/netball | Football and SwimmingPPA-dodgeball/benchball | Rounders and SwimmingPPA-Athletics(Sports Day prep) |
| **5****CS** | Danish Longball and SwimmingPPA-Benchball/Dodgeball | Gymnastics-synchronisation and canon and SwimmingPPA-Paceball | Basketball and SwimmingPPA-Football | Team Building and Problem SolvingPPA-Health and Fitness | LacrossePPA-Cricket | RoundersPPA-Athletics |
| **6****CS** | Danish LongballPPA-Benchball/Dodgeball | Gymnastics-balance and counter tensionPPA-Paceball | NetballPPA-Football | Team Building and Problem SolvingPPA-Health and Fitness | Tag RugbyPPA-Cricket | RoundersPPA-Athletics |